



*Harbor Bay*  
CLINIC OF  
CHIROPRACTIC

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## PREGNANCY INTAKE FORM

Discover Your True Health Potential.

Current Week of Pregnancy: \_\_\_\_\_ 'Guess' Date: \_\_\_\_\_ Sex: Male / Female / Unknown

Name of OB/Midwife: \_\_\_\_\_

Name & Address of the Practice: \_\_\_\_\_

May we contact them? YES / NO

Name of Doula: \_\_\_\_\_ Name of the practice: \_\_\_\_\_

May we contact them? YES / NO

Have you created a Birth Plan? YES / NO

## CASE HISTORY

Please check if any of these pertain to you:

- |   |  |
|---|--|
| <input type="checkbox"/> Over the age of 36                 | <input type="checkbox"/> Headache                    |
| <input type="checkbox"/> First Pregnancy                    | <input type="checkbox"/> Heartburn                   |
| <input type="checkbox"/> Pregnant with Multiples            | <input type="checkbox"/> Indigestion                 |
| <input type="checkbox"/> Morning sickness, vomiting, nausea | <input type="checkbox"/> Constipation                |
| <input type="checkbox"/> Gestational Diabetes               | <input type="checkbox"/> Breech/Transverse           |
| <input type="checkbox"/> High Blood Pressure                | <input type="checkbox"/> Leg Cramps/Restless legs    |
| <input type="checkbox"/> Placental Dysfunction              | <input type="checkbox"/> Difficulty sleeping         |
| <input type="checkbox"/> Swollen feet and/or hands          | <input type="checkbox"/> Bladder or kidney infection |
| <input type="checkbox"/> Phlebitis                          | <input type="checkbox"/> Pre-eclampsia               |
| <input type="checkbox"/> Varicose Veins                     | <input type="checkbox"/> Premature labor             |
| <input type="checkbox"/> Pubic Pain                         | <input type="checkbox"/> Threatened Miscarriage      |
| <input type="checkbox"/> Low back pain                      | <input type="checkbox"/> Sciatic Pain                |
| <input type="checkbox"/> Bed rest                           | <input type="checkbox"/> Neck Pain                   |
| <input type="checkbox"/> Other: _____                       | <input type="checkbox"/> High risk                   |

What type of birth do you intend on having?

- Vaginal
- Cesarean
- VBAC

Where do you intend on having your baby?

- Home
- Hospital
- Birth Center

## CASE HISTORY

Have you been vaccinated during pregnancy? YES / NO Which Vaccines? \_\_\_\_\_

What is your sleep quality? GOOD/ FAIR / POOR How many hours/night? \_\_\_\_\_

Do you exercise currently? YES / NO What type of exercise and how often? \_\_\_\_\_

Do you have concerns from a previous pregnancy, labor, birth or postpartum period that you would like to address during this pregnancy? \_\_\_\_\_

## INFORMED CONSENT FOR CHIROPRACTIC CARE

### CONSENT TO TREATMENT:

To the best of my knowledge, this form is accurate and complete. I have disclosed all known health conditions and will inform Dr. Stacey Dent, D.C. of any changes in my health status at the beginning of future appointments. I agree to discuss my pregnancy as it progresses and I consent to treatment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_