

SUCCESS!!!

When I began my treatment with Dr. Stacey Dent in April 2012, I did not expect to experience such amazing care! The staff was very respectful and helpful, but most of all, I am forever indebted to Dr. Stacey for relieving my pain!

For as long as I can remember, I have had issues with my right hip sliding out of joint. When this happens, it is very painful, and I usually have to have assistance to hop to the nearest chair or sofa. To remedy this issue, I would have to slam my hip up against a wall! During these episodes, my sciatica nerve would cause additional burning pain. Eventually, the burning and throbbing would subside and I was able to go on with my day. This cycle has periodically repeated itself over the course of my 32 years of life.

Additionally, approximately 5 years ago, I injured my right ankle and big toe. I had just purchased my groceries, and was walking to the car. I squatted down to pick up sodas, and my ankle popped, and a searing pain ensued. I hobbled into the car and drove home. I iced my ankle, hoping that this would help to heal the recent strain. My ankle never healed, as it would ache each time rain was forecasted. Sometimes, I would wake up at night because my ankle would throb. It was very uncomfortable, and I was starting to lose strength in my ankle and calf because of this injury.

Within the first two months of treatment, I noticed a considerable increase in my quality of life! Dr. Stacey adjusted my ankle and hip to ensure proper alignment. My hip has not been out of socket for months, and my ankle no longer throbs! I am able to walk several miles without pain – previously, I would experience severe lower back and hip pain when walking just two blocks. I sleep much better as I am not woken up by a throbbing ankle or lower back! I usually suffer from migraines at least 4-6 times per year. Due to the chiropractic treatment I have received, I HAVE NOT HAD ANY MIGRAINES THIS YEAR!

What a difference living a life free of pain can make!

I am eternally grateful to Dr. Stacey, and the Staff at Harbor Bay Clinic! They have restored my faith in doctors, and have granted me a happier, healthier way of life!

I owe a pain free lifestyle to Dr. Stacey Dent and Harbor Bay Clinic of Chiropractic!



Nicole Eskridge